



## Dropmore Lunch Menu

Week beginning

Monday 7<sup>th</sup> October

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| Monday   | Sausages (pork or vegan), new potatoes, broccoli, carrots & gravy  |
| Tuesday  | Wholemeal sandwich roll with choice of filling - ham, chicken/ halal chicken, cheese/ vegan cheese, tuna mayo or egg mayo      |
| Wednesday  | Wholemeal pasta/ free from pasta with mixed vegetables and optional cheese/ vegan cheese on top, served with garlic bread      |
| Thursday   | Homemade American Beef Goulash with macaroni & tortilla chips  |
| Friday   | Fish / vegetable fingers and oven baked chips with peas and sweetcorn. Option of ketchup on the side.                          |
| Dessert<br><small>(one of the following is offered with each meal. For those with dietary requirements, free from yoghurt, biscuits, lentil crisps or jelly are offered)</small> | Yoghurt, biscuit, dried fruit, fresh fruit, cheese savouries, breadsticks, potato chips  |
| Salad Bar<br><small>(available daily)</small>  | Carrot batons, cucumber, tomatoes, cold sausages, boiled egg, new potatoes, sugar snap peas, peppers, sliced bread & sweetcorn |