



# Dropmore Lunch Menu

Week beginning

Monday 16<sup>th</sup> June

Monday	Roast chicken/ halal chicken/ vegan pieces, roast potatoes, broccoli, carrots & gravy
Tuesday	Wholemeal sandwich roll with choice of filling - ham, chicken/ halal chicken, cheese/ vegan cheese, tuna mayo or egg mayo.
Wednesday	Wholemeal pasta/ free from pasta with mixed vegetables, tomato & herb dressing and optional cheese/ vegan cheese on top, served with garlic bread
Thursday	Homemade Bolognese (beef or meatless mince) served with wholemeal pasta/ free from pasta, garlic bread/ free from garlic bread
Friday	Rice salad with peas, sweetcorn, spring onions and pepper with a serving of flat bread
<b>Dessert</b> (One of the following is offered with each meal. For those with dietary requirements, free from yoghurt, biscuits, lentil crisps or jelly are offered)	Yoghurt, biscuit, dried fruit, fresh fruit, cheese savouries, breadsticks, potato chips
<b>Salad Bar</b> (available daily)	Carrot batons, cucumber, tomatoes, cold sausages, cold chicken pieces, boiled egg, new potatoes, cheese cubes, sugar snap peas, peppers, sliced bread & sweetcorn.