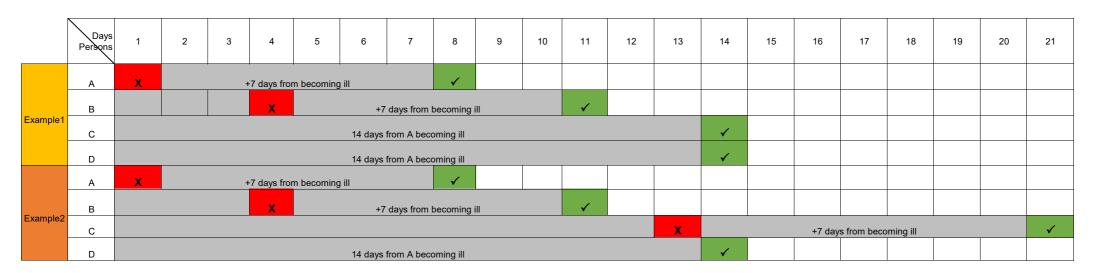
Stay at Home guidance for households: current guidelines illustrated

Criteria and guidance applied as known on 17/03/2020:

- * Incubation period = maximum 14 days
- * Symptomatic individuals stay in self isolation for 7 days from becoming ill (having symptoms). Day 1 is first day of symptoms
- * Household members who remain well stay in self isolation for 14 days due to maximum incubation period, calculated from day 1 of first symptomatic person
- * Household members do not need to restart the clock if other members become symptomatic during the 14 days self-isolation



Key: x =ill/having symptoms =allowed to go out again