



# Dropmore Lunch Menu

Week beginning

Monday 20<sup>th</sup> October

Monday	Sausages (pork or vegan), new potatoes, broccoli, carrots & gravy
Tuesday	Wholemeal sandwich roll with choice of filling - ham, chicken/ halal chicken, cheese/ vegan cheese, tuna mayo or egg mayo.
Wednesday	Wholemeal pasta/ free from pasta with mixed vegetables, tomato & herb dressing and optional cheese/ vegan cheese on top, served with garlic bread
Thursday	Chicken/ halal chicken/ Quorn fajita in a white wrap/ free from wrap with peppers, onion & tortilla chips. Optional sour cream, guacamole & cheese topping
Friday	Fish cake served with potato lattice and vegetables
<b>Dessert</b> (one of the following is offered with each meal. For those with dietary requirements, free from yoghurt, biscuits, lentil crisps or jelly are offered)	Yoghurt, biscuit, dried fruit, fresh fruit, cheese savouries, breadsticks, potato chips & ice lollies (once a week in summer only)
<b>Salad Bar</b> (available daily)	Carrot batons, cucumber, tomatoes, cold sausages, cold chicken pieces, boiled egg, new potatoes, grated cheese, sugar snap peas, peppers, sliced bread & sweetcorn.