

## Dropmore Lunch Menu

## Week beginning

## Monday 30<sup>th</sup> June

Monday	Roast chicken/ halal chicken/ vegan pieces, roast potatoes, broccoli, carrots & gravy
Tuesday	Rice salad with peas, sweetcorn, spring onions and pepper with a serving of flat bread
Wednesday	Wholemeal pasta/ free from pasta with mixed vegetables, tomato & herb dressing and optional cheese/ vegan cheese on top, served with garlic bread
Thursday	Wholemeal sandwich roll with choice of filling - ham, chicken/ halal chicken, cheese/ vegan cheese, tuna mayo or egg mayo.
Friday	Beef/ plant-based burger in a roll with hash browns and corn on the cob
Dessert  (one of the following is offered with each meal. For those with dietary requirements, free from yoghurt, biscuits, lentil crisps or jelly are offered)	Yoghurt, biscuit, dried fruit, fresh fruit, cheese savouries, breadsticks, potato chips
Salad Bar (available daily)	Carrot batons, cucumber, tomatoes, cold sausages, cold chicken pieces, boiled egg, new potatoes, cheese cubes, sugar snap peas, peppers, sliced bread & sweetcorn.