



Dropmore Lunch Menu

Week beginning

Monday 3rd March

Monday	Roast chicken/ halal chicken/ Quorn, roast potatoes, broccoli, carrots & gravy
Tuesday	Wholemeal sandwich roll with choice of filling - ham, chicken/ halal chicken, cheese/ vegan cheese, tuna mayo or egg mayo.
Wednesday	Wholemeal pasta/ free from pasta with mixed vegetables, tomato & herb dressing and optional cheese/ vegan cheese on top, served with garlic bread
Thursday	Homemade Bolognese (beef or meatless mince) served with wholemeal pasta/ free from pasta, garlic bread/ free from garlic bread
Friday	Fish / vegetable fingers and oven baked chips with peas and sweetcorn. Option of ketchup on the side.
Dessert <small>(one of the following is offered with each meal. For those with dietary requirements, free from yoghurt, biscuits, lentil crisps or jelly are offered)</small>	Yoghurt, biscuit, dried fruit, fresh fruit, cheese savouries, breadsticks, potato chips & ice lollies (once a week in summer only)
Salad Bar <small>(available daily)</small>	Carrot batons, cucumber, tomatoes, cold sausages, cold chicken pieces, boiled egg, new potatoes, cheese cubes, sugar

	snap peas, peppers, sliced bread & sweetcorn.
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