



Dropmore Lunch Menu

Week beginning

Monday 8th September

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| Monday | Sausages (pork or vegan), new potatoes, broccoli, carrots & gravy |
| Tuesday | Wholemeal sandwich roll with choice of filling - ham, chicken/ halal chicken, cheese/ vegan cheese, tuna mayo or egg mayo. |
| Wednesday | Homemade buttered Chicken/ halal chicken /Quorn served with rice, carrots, green beans & naan bread |
| Thursday | Wholemeal pasta/ free from pasta with mixed vegetables, tomato & herb dressing and optional cheese/ vegan cheese on top, served with garlic bread |
| Friday | Fish / vegetable fingers and oven baked chips with peas and sweetcorn. Option of ketchup on the side. |
| Dessert (one of the following is offered with each meal. For those with dietary requirements, free from yoghurt, biscuits, lentil crisps or jelly are offered) | Yoghurt, biscuit, dried fruit, fresh fruit, cheese savouries, breadsticks, potato chips & ice lollies (once a week in summer only) |
| Salad Bar (available daily) | Carrot batons, cucumber, tomatoes, cold sausages, cold chicken pieces, boiled egg, new potatoes, cheese cubes, sugar snap peas, peppers, sliced bread & sweetcorn. |